

# August 2026 Lunch Menu

| Sun                                                               | Mon                                                                                                                            | Tue                                                                                                                                               | Wed                                                                                                                                    | Thu                                                                                                              | Fri                                                                                                              | Sat |
|-------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|-----|
| <i>V = vegetarian<br/>Vegan = no<br/>meat, eggs, or<br/>dairy</i> |                                                                                                                                |                                                                                                                                                   |                                                                                                                                        |                                                                                                                  |                                                                                                                  | 1   |
| 2                                                                 | 3<br>Baked Ziti, Steamed<br>Vegetables, Fruit<br><i>V: ok</i><br><i>Vegan: Pasta with<br/>marinara sauce</i>                   | 4<br>Vegetable Sushi Rolls,<br>Edamame, Fruit<br><i>V &amp; Vegan: ok</i>                                                                         | 5<br>Chicken & Rice Soup,<br>Steamed Vegetables, Fruit<br><i>V &amp; Vegan: Vegetable &amp;<br/>Rice Soup</i>                          | 6<br>Black Bean Burger,<br>Baked Sweet Potato<br>Wedges, Fruit<br><i>V &amp; Vegan: ok</i>                       | 7<br>Penne with Bolognese,<br>Grilled Vegetables, Fruit<br><i>V &amp; Vegan: Vegan<br/>Bolognese</i>             | 8   |
| 9                                                                 | 10<br><b><i>LMUCC CLOSED<br/>Relocation<br/>&amp;<br/>Staff Planning</i></b>                                                   | 11<br><b><i>LMUCC CLOSED<br/>Relocation<br/>&amp;<br/>Staff Planning</i></b>                                                                      | 12<br><b><i>LMUCC CLOSED<br/>Relocation<br/>&amp;<br/>Staff Planning</i></b>                                                           | 13<br><b><i>LMUCC CLOSED<br/>Relocation<br/>&amp;<br/>Staff Planning</i></b>                                     | 14<br><b><i>LMUCC CLOSED<br/>Relocation<br/>&amp;<br/>Staff Planning</i></b>                                     | 15  |
| 16                                                                | 17<br>Spaghetti & Turkey<br>Meatballs, Steamed<br>Vegetables, Fruit<br><i>V &amp; Vegan: Spaghetti<br/>with marinara sauce</i> | 18<br>Tomato Basil Soup, Grilled<br>Cheese Sandwiches, Apples<br><i>V: ok</i><br><i>Vegan: Avocado<br/>Sandwiches with Grilled<br/>Vegetables</i> | 19<br>Mushroom & Cheese Pizza,<br>Steamed Vegetables, Fruit<br><i>V: ok</i><br><i>Vegan: No Dairy Pizza</i>                            | 20<br>Pesto Pasta with Pumpkin<br>Seeds, Black Bean & Corn<br>Salad, Fruit<br><i>V &amp; Vegan: ok</i>           | 21<br>Shepherd's Pie, Asparagus,<br>Oranges<br><i>V &amp; Vegan: Baked Polenta<br/>Cakes with marinara sauce</i> | 22  |
| 23                                                                | 24<br>Falafel, Hummus, Pita,<br>Fruit<br><i>V &amp; Vegan: ok</i>                                                              | 25<br>Lo Mein Noodles with Stir<br>Fried Vegetables & Tofu,<br>Steamed Carrots, Fruit<br><i>V &amp; Vegan: ok</i>                                 | 26<br>Chinese Chicken Salad with<br>Crunchy Noodles, Green<br>Dressing, Oranges, Brown<br>Rice<br><i>V &amp; Vegan: Marinated Tofu</i> | 27<br>Fish Tacos, Cabbage Salad,<br>Green Salsa, Fruit<br><i>V &amp; Vegan: Brown Rice &amp;<br/>Black Beans</i> | 28<br>Grilled Chicken, Spanish<br>Rice, Steamed Vegetables,<br>Fruit<br><i>V &amp; Vegan: Marinated Tofu</i>     | 29  |
| 30                                                                | 31<br>Macaroni & Cheese,<br>Crispy Kale, Fruit<br><i>V: ok</i><br><i>Vegan: Pasta with<br/>marinara sauce</i>                  |                                                                                                                                                   |                                                                                                                                        |                                                                                                                  |                                                                                                                  |     |